## Amendments to the Claims

Prior to consideration of the remarks presented herein, Applicants request entry of the following amendments. This listing of claims will replace all prior versions, and listings, of claims in the application:

## 1-25. (cancelled)

- 26. (currently amended) An unsaturated fatty acid composition comprising flaxseed oil, wherein said composition has a total weight ratio of linoleic fatty acid (n-6, 18:2) to  $\alpha$ -linolenic fatty acid (n-3, 18:3) of 0.05-7.5, wherein said composition is provided in a daily dose of 0.15-toabout 0.3 g/kg.
- 27. (previously presented) The composition of claim 26, further comprising rapeseed oil and perilla oil.
- 28. (currently amended) The composition of claim 26, wherein the weight ratio of said linoleic fatty acid to said  $\alpha$ -linolenic fatty acid in said food composition is 0.50.05-2.0.
- 29. (currently amended) The composition of claim 27, wherein the weight ratio of said linoleic fatty acid to said  $\alpha$ -linolenic fatty acid in said composition food is 0.50.05-2.0.
- 30. (previously presented) The composition of claim 26, wherein said composition is in the form of a capsule.
- 31. (previously presented) The composition of claim 30, wherein the unsaturated fatty composition further comprises rapeseed oil and perilla oil.

- 32. (currently amended) The composition of claim 30, wherein the weight ratio of said linoleic fatty acid to said  $\alpha$ -linolenic fatty acid in said foodcomposition is 0.50.05-2.0.
- 33. (currently amended) The composition of claim 31, wherein the weight ratio of said linoleic fatty acid to said  $\alpha$ -linolenic fatty acid in said foodcomposition is 0.50.05-2.0.
- 34. (currently amended) An edible oil composition comprising flaxseed oil, wherein said oil composition has a total weight ratio of linoleic fatty acid (n-6, 18:2) to  $\alpha$ -linolenic fatty acid (n-3, 18:3) of 0.05-7.5, wherein said composition is provided in a daily dose of  $\frac{0.15 + 6about}{0.3}$  0.3 g/kg.
- 35. (previously presented) The oil composition of claim 34, further comprising rapeseed oil and perilla oil.
- 36. (currently amended) The oil composition of claim 34, wherein the weight ratio of said linoleic fatty acid to said  $\alpha$ -linolenic fatty acid in said foodoil composition is 0.50.05-2.0.
- 37. (currently amended) The oil composition of claim 35, wherein the weight ratio of said linoleic fatty acid to said  $\alpha$ -linolenic fatty acid in said foodoil composition is 0.50.05-2.0
- 38. (currently amended) A dietary supplement comprising flaxseed oil, wherein said supplement has a total weight ratio of linoleic fatty acid (n-6, 18:2) to  $\alpha$ -linolenic fatty acid (n-3, 18:3) of 0.05-7.5, wherein said dietary supplement is provided in a daily dose of 0.15 toabout 0.3 g/kg.
- 39. (previously presented) The dietary supplement of claim 38, further comprising rapeseed oil and perilla oil.

- 40. (currently amended) The dietary supplement of claim 38, wherein the weight ratio of said linoleic fatty acid to said  $\alpha$ -linolenic fatty acid in said fooddietary supplement is 0.50.05-2.0.
- 41. (currently amended) The dietary supplement of claim 39, wherein the weight ratio of said linoleic fatty acid to said  $\alpha$ -linolenic fatty acid in said fooddietary supplement is 0.50.05-2.0.
- 42. (currently amended) A food composition comprising flaxseed oil, wherein said food composition has a total weight ratio of linoleic fatty acid (n-6, 18:2) to α-linolenic fatty (n-3, 18:3) of 0.05-7.5, wherein said composition is provided in a daily dose of 0.15 toabout 0.3 g/kg.
- 43. (previously presented) The food of claim 42, further comprising rapeseed oil and perilla oil.
- 44. (currently amended) The food of claim 42, wherein the weight ratio of said linoleic fatty acid to said  $\alpha$ -linolenic fatty acid in said food is 0.50.05-2.0.
- 45. (currently amended) The food of claim 43, wherein the weight ratio of said linoleic fatty acid to said  $\alpha$ -linolenic fatty acid in said food is  $0.5\underline{0.05}$ -2.0.